

All About Addy

Addy's history:

Addy's come so far. Please learn a bit about her condition, called Moebius Syndrome. She has delays in motor skills (fine and gross), muscle strength, and her communication is there but some speech sounds are hard for her to make due to her facial paralysis. Despite her lack of facial expression, she is full of personality and determination!



Addy is still working on:

- Motor strength and coordination
- Calm down strategies, frustration tolerance
- Social skills and engaging with peers rather than observing or doing her own thing
- Paying attention and completing tasks independently

Addy Likes:

- Talking
- Books
- Circle/Story time
- Animals, cars
- Music/Songs/Singing
- The color red
- Letters/Numbers
- Playing independently
- Pretend play with dolls/characters
- Established routines
- Frozen 2, Disney, watching shows



Adeline's Details:

- She's an observer with a great memory, she is very tuned into songs, and can get distracted by background audio/noises
- She sometimes needs you to say her name before giving a direction
- She's a twin (sister Eliza)
- Has a G-tube (not used during school)

When Addy is having a hard time, the best strategies are acknowledging her feelings, distraction (playing a song, giving her a book or toy) or giving her a break in a quiet place. She also is comforted by hugs. Addy has sensory issues so if it is due to an external stimulus, sometimes removing her from the trigger is best (taking a quiet break - not punitive - and then rejoining). Empathy is very important.

Triggers: transitions, not getting a good night of sleep, loud applause/cheering, unexpected noises, feeling interrupted

Moebius Syndrome is a rare condition that is present at birth and results in facial paralysis and other delays including low muscle tone, gross motor delays, feeding issues, and inability to blink or move eyes laterally. There are no cognitive impairments. While she cannot show them on her face, she can identify and express emotions, and once you get to know her, it is very easy to tell!
***If she rolls her eyes - this is NOT rude - this is her blink! Please make sure everyone who works with Addy is aware of this.**